



JEAN-ANN COOPER

beyond beauty

As Jean-Ann Cooper accepted American Women in Radio and Television's highest honor, The Silver Award of Excellence, she felt like a fraud. She knew her impressive professional bio didn't reveal the whole story. On the outside, everything looked perfect: a beautiful home, great career, fancy title and a six-figure salary. What few realized, though, was that her personal life was steeped in failure and shame.

Jean-Ann's broken marriages labeled her the black sheep of her large Catholic family. Thankfully, her rocky past and loving friends led her to the Lord. Her powerful testimony and unbridled faith fuel her passion to share the Gospel in a unique way. Using personal stories blended with humor, Jean-Ann's messages are fast-paced, story-laced, Scripture-based, and filled with tips and tools for living a balanced and fulfilling Christ-centered life. Today, Jean-Ann has many titles - Christian coach, speaker, author, prison minister, wife, stepmom, and grandmother - but the label she cherishes most is daughter of the Most High.

Jean-Ann married Bob, the love of her life, in 1996. They split their time between Steamboat Springs, Colorado and Dallas, Texas. Jean-Ann totally forgot to have kids, but claims to have stretchmarks on her heart as she is blessed with three terrific stepchildren, two of whom are married, and five adorable grandchildren who call her "Boo."

About Jean-Ann

Words from Organizers

"The response to Jean-Ann's retreat was unprecedented! We had such overwhelmingly positive feedback that we are repeating the very same event in the fall! Already seeing changes in many women. Not just information. Transformation! An enthusiastic thumbs up!"

Sue Alexander
Cofounder, Journey: Women Pursuing God

"I found Jean-Ann delightful and motivating! Using funny and meaningful stories, she will guide you to tools that anchor any joyful, successful life."

Susie Rinn,
Teaching Director of Community Bible Study

"We thoroughly enjoyed an evening with Jean-Ann Cooper delving into a biblically-based message that is relevant, powerful, and inspiring! Her personal stories and delivery are engaging, funny, real, and relatable, and her terrific presentation was informative and entertaining."

Lindsay Hankinson
Advisory Board Chairman,
Sigma Kappa, TCU

Visit jeananncooper.com for booking details!

Topics

"Jean-Ann's workshop is the only one I've ever attended that I wanted an instant replay. Loved every minute and would jump at the chance to do it again."

~Bonnie Ditto

"I left Jean-Ann's retreat loaded for action with my heart singing for joy! My prayer is that every woman I know and love can share in one of these!"

~Kay Weinland

"Jean-Ann was not 'churchy' nor did she speak 'religion.' She was authentic and relatable and, oh, so funny! There were biblical truths in everyday words and everyday situations, but any seeker would be comfortable and feel welcome."

~Michelle Hansen

"I have been struggling, feeling isolated, discouraged and disconnected. And I have been very angry with myself for my failures. Spending time with Jean-Ann, I've been able to forgive myself and remember that I am loved!"

~Leigha Sheeman

"I have been praying about how to love myself - so many practical Scriptures and suggestions. Also, I needed an applicable way to set boundaries. My whole life, I have allowed people to walk all over me. Now I have tools!"

~Danette Bass

"I feel like I can take the first step in being the woman God created."

~Patti VanWinkle

"I am such a people pleaser and fixer and the retreat really helped me to remember that the only audience I need to concern myself with is God. It also helped me to realize my need for healthier boundaries."

~Ramie Collins

Testimonies

LIVING LIFE FROM THE INSIDE OUT

This fast-paced weekend retreat blends Christian coaching with Scripture and biblical truths to challenge women to embrace the power and grace that God has instilled in each one of us.

BEYOND BEAUTY:

THE 7 KEYS TO IRRESISTIBLE ATTRACTION

The 7 Keys challenge all women to look beyond the world's view of our physical appearance and embrace the biblical truth of who we are in Christ.

HEALTHY BOUNDARIES:

THE ART OF SAYING NO

The idea of setting boundaries makes even the strongest of us squirm, but we were created to be a bedrock of faith, not a doormat of grace.

TRUTH AND GRACE:

THE ULTIMATE BALANCING ACT

Truth without grace is bullying; grace without truth is enabling. One without the other is out of balance and can be downright mean.

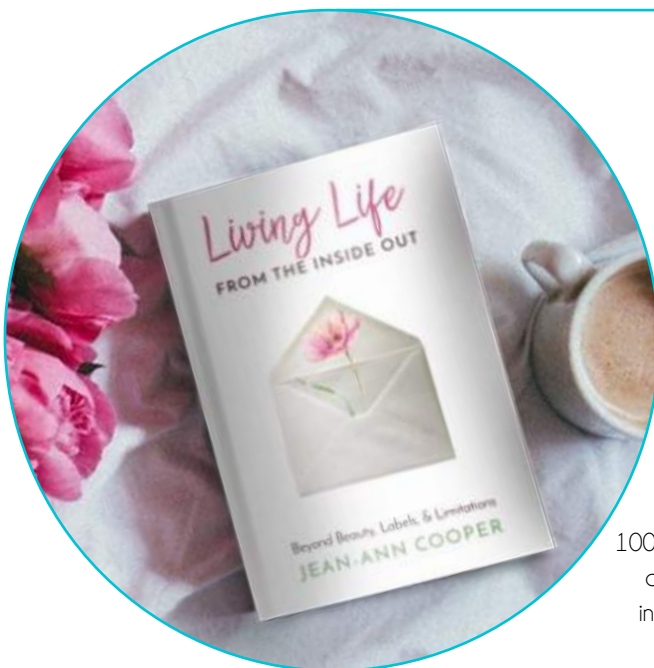
EQUIPPED AND CALLED:

WHEN GIFTS AND PASSIONS COLLIDE

God provides "ingredients" for us to use - our personality; sense of humor; discernment; abilities to teach, preach, encourage and serve - and it is our responsibility to create a life that glorifies Him.

MAKING ROOM FOR GOD'S BLESSINGS

A common desire of most coaching clients is to do more of what they love and less of what they don't, but their packed calendars get in the way of spending time with God.



Living Life

FROM THE INSIDE OUT

a faith-centered guide filled with step-by-step tips to encourage you to embrace the abundant life God has for you

100% of proceeds will be donated to **Exodus Ministries**, a faith-based program and transitional housing unit in Dallas, Texas for formerly incarcerated single moms, where Jean-Ann's prison ministry began.

**AVAILABLE NOW
on Amazon.com**

The Book